

## Risk Assessment Supplement – Specific Activities

This document supplements the generic risk assessment for the Transition to Practice (TtP) course and should be read in conjunction with this. It details specific risks and control measures in place to mitigate these risks.

ACTIVITY	SPECIFIC RISKS	CONTROL MEASURES
Classroom based activities (lectures)	Muscular-skeletal problems arising from extended seating periods. Eye-strain related to reading / watching presentations.	Frequent breaks provided for candidates to move. Candidates encouraged to stand / change position during sessions if required. Presentations kept to a minimum. Screen size / brightness adjusted appropriately – room kept well lit. Faculty to monitor candidate comfort during sessions.
Classroom based activities (practical)	Slips, trips and falls. Injury from use of equipment. Risk of sharps injuries.	Classroom kept tidy to minimise trip hazards. All practical activities monitored by faculty. Candidates only to use equipment independently once trained in use. Sharps only used by those trained to handle sharps. Sharps bins to be available at all times. Only clean sharps to be utilised for training.
Fitness assessment and manual handling assessment	Muscular-skeletal problems. Slips, trips and falls. Over-exertion.	All fitness activities overseen by qualified fitness instructor. Candidates instructed to wear appropriate clothing / footwear. Clinically qualified faculty member on-site at all times. Candidates undertake health questionnaire prior to all fitness activities. Candidates encouraged, but not forced, to participate. Candidates encouraged to stop at any stage if required and not overstretch themselves.
Command task exercises	Muscular-skeletal problems. Slips, trips and falls. Injury from use of equipment. Exposure to extremes of weather.	Each task overseen by facilitator. No activity to take place without supervision. Individual briefing for each exercise. Equipment used inspected prior to exercise. Group sizes restricted to less than 10 people. Candidates instructed to wear appropriate clothing for the weather. Shelter available between exercises. Hot / cold drinks available at all times.
Overnight camping	Exposure to extremes of weather. Anxiety / homesickness.	Candidates provided with advanced warning of the details of the overnight stay. Candidates advised to bring appropriate equipment (including clothing, sleeping bag, etc). Spare equipment available (sleeping bags, roll mats, etc). Building remains open overnight for emergency use. Facilitator remains on site overnight. Venue provides on-call support for adverse incidents. Toilet and refreshment facilities remain open overnight.

<p>Arduous casualty extrication exercise</p>	<p>Muscular-skeletal injuries. Slips, trips and falls. Exposure to extremes of weather.</p>	<p>Candidates instructed to wear suitable clothing / footwear. Exercise supervised by minimum of one qualified fitness instructors per group. Full safety briefing provided beforehand, including actions in event of adverse incident. First aid kit, water and spare clothing carried. Candidates advised they are able to stop at any time and the appropriate safety actions if they do. Weather reviewed prior to starting – exercise discontinued if significant poor weather.</p>
<p>Simulated scenarios / exercises</p>	<p>Slips, trips and falls. Injury from use of equipment. Risk of sharps injuries. Stress associated with previous incidents.</p>	<p>Training environment restricted and kept tidy. All practical activities monitored by faculty. Candidates only to use equipment independently once trained in use. Sharps only used by those trained to handle sharps. Sharps bins to be available at all times. Only clean sharps to be utilised for training. Welfare advice provided at start of course and reiterated throughout. Candidates monitored for signs of concern / anxiety.</p>